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So is this alien technology, or is this ancient technology? It is certainly ancient, at the same time it's modern. The quantum field has always been there. It's nothing that we invented. And, and also, people hear me talk about source energy. But we, we didn't create source energy, right? None of us did. It's, it's, uh, It's BS, of course, if anyone thinks, oh, they did that.

No, the breakthrough is really that we are able to access this quantum energy in a fashion never done before. We figured out a way of how to harness and concentrate it so that now in this reality you can tap into that. You're listening to The Human Upgrade with Dave Asprey.

It's called The Human Upgrade. Because when I started the biohacking movement with that first blog post in 2011, and soon after with the biohacking conference and all this content and teachings, anything that improves human performance or abilities is on the table. And that's why you see me with neuroscience.

You see me in Silicon Valley using AI to figure out more about what's going on in there and talking with longevity experts and becoming one. And you also see me doing shamanic training, going to remote parts of Nepal and Tibet. And the Andes to study with ancient lineages, more than one it's, I don't care if it's supposed to work either.

It does, or it doesn't a lot of the stuff I learned about over exercising and under eating that stuff didn't work even though it was supposed to. So I've just learned curiosity and I've also come across my favorite kind of skeptic. In fact, I related to some of my, my late grandparents. Um, who my grandmother was a PhD nuclear engineer, grandfather, a physical chemist who wrote for Encyclopedia Britannica, super nerds.

And they would ascribe to this belief that can't be, therefore it isn't. So if you have an unshakable belief that your story of how reality works is complete and the only story out there, I would just like to remind you that the standard model that we use in physics, it's a rough approximation of reality, but it doesn't work when you get into the fine parts of things.

So we don't really know. Everything works and maybe sometimes some people know some parts of the puzzle and other people know other parts of the puzzle field story about three blind sages meeting an elephant and feeling different parts of it and describing entirely different animals were kind of like that with reality because that sad little hardware platform you sit in called your body is it cannot comprehend all of reality your brain is not that big and not that fast even though it's really big and really fast so your body.

Throws away most of reality before you even get to perceive it because it would just overwhelm you imagine if you had to see every spectrum of light all at the same time and you had to consciously think about every sphincter in your body and control it all you would never get anything done so it's an elegant system, but it's flawed and When we get into the advanced parts of the world around subatomic physics, quantum particles, neutrino like particles, you realize there's a lot going on.

So if you feel triggered when someone says meditation works, or when someone says you can have an effect on someone else, and you say that can't work because there's no mechanism of action, I have an easy, easy fix for you. If you need a mechanism of action, here it is. Leprechauns. Now, what the hell am I talking about?

Here's the deal. Every mechanism of action that we believe, including the ones I believe, they are made up stories that help us better work with reality. And sometimes we don't yet know why something works, but we have evidence that it works. And real science never says that can't be, therefore it isn't.

Did that really happen? Can I make it happen again? If so, there's a new avenue for exploration. So I'd invite you to listen to this episode in the spirit of curiosity, rather than the spirit of skepticism. And I'll tell you, when I first learned about this stuff, I was highly, highly, highly skeptical. And I'm not anymore because I've seen direct evidence and something like more than 36 clinical trials, including double blind placebo controlled stuff like that.

The technology that we're going to talk about on the show today is called quantum technology or quantum energy. Quantum is real. You get a PhD in quantum biology, a PhD in quantum physics. It's also misused in marketing all over the place. Our guest is Philip Samor von Holtzendorf Fehling. He's a founder and CEO of Quantum Upgrade and Leela Quantum Tech.

He's an entrepreneur, a conscious entrepreneur. He's an energy healer, a coach, and he spent 20 years like me doing training in shamanic and other energy

practices. I have spent quality time with him in person and as a fellow, we'll say person with the ability to work with certain energies he knows what he's doing.

And that's something. That I think is important when you're dealing with any kind of newer emerging thing, like Lila Quantum, is who are the people behind it and are they real? And I'll say he's not an internet marketing crypto bro in, in the slightest. So, Philip, with that introduction, welcome to the show.

I'm glad to be here, Dave. I talked about Quantum Upgrade and Lila Quantum Tech. Long time listeners have seen me wearing one of your pendants. They might know that I travel with the Lila Quantum block. And they might know that I was pretty skeptical because, Oh, maybe five years ago in the mail arrives, this old metal box thing, and it has no battery.

Like, Oh God, yet another one of these things. And if, if you guys were to live my life every day, something arrives and someone's like, I just hope Dave will see this. And then they'll just, you know, talk about it forever. And I'm sorry, 90 percent of the time, it either doesn't work Or it has bad stuff in it.

Like so many things. I, someone has received food products. I can't even give them to my friends. Cause I don't want my friends to eat them. So for me to talk about something on the show is a very, very high bar. And there's a lot of cool stuff out there and the speed is accelerating. So having received this thing and not done anything with it for a few months, I talked to Philip and said, all right, I'm going to see if this thing's real.

So, I put flowers on it, mostly to raise them for a video shoot. Just cut flowers. I had two sets of tulips. One is sitting on the counter. The other one is sitting right on top of my quantum block. The flowers on the quantum block live three times longer without wilting. It was crazy. Like, is this nuts?

And I've done it multiple times since. And the reality is, it's doing something, and I don't know what it is. And that's one of the most direct things that, that shows me that it's working, in addition to all of the clinical studies that you've published. I gotta ask you, Why do flowers last longer on a Leela quantum block than not on it?

What is going on in there? It's driving me crazy. I don't think it's leprechauns, but I'm Obed. It's basically working on two levels because the field that it creates does two things. It harmonizes the destructive waveform patterns that we have in a space. For example, 5g, 4g, wifi, et cetera. Which act destructive or harmful to a physiological organism.

You know, we know that about us, right? But it's also true for plants and for animals. The matter of fact, dogs and cats, I think are very much impacted by that, but so are plants. And if you take that away, that issue, you can thrive more. The other thing is that any physiological organism gets, you know, You can call it an energy boost, basically, which, you know, we've shown in humans, you can, you can see that in an increase in ATP productions or that the mitochondria work and recover faster, things like that.

But in plants, you know, I don't know the exact mechanism. I'm really not. too much into plants, but they're physiological organism and they get a power boost as well. So on these two levels, it totally makes sense that that happens. And we've seen even more stuff than that in regards to plants. So we've seen, you know, people may have seen me actually with zucchinis that I've grown in our quantum greenhouse.

Those things were so big, it's literally unbelievable. I, we, I posted them on telegram and on Instagram at some point. and It's huge. Then we had the base Institute in Austria. That was not a formal study, but they had flowers that actually started to grow roots again. It's, and they said, these were dead flowers that shouldn't have happened and how is this possible?

So yeah, there's a lot there in regards to plants and it does make sense once you understand the mechanism, but it's each time again, it's, it's mind I love it. When people. Uh, who come out of tech or come out of a business career and you were a fast paced business consultant kind of guy just. One day go, Oh, wow, it's totally different.

If you're saying we're not sure what's going on with those plants or even what's going on with blood flowing humans. But if you're not sure of the effects, how is it that you can make a device if you don't know how it works? And did you like find some sort of New Mexico alien remnants here? Like what's the genesis of all this Leela tech?

I believe it works. I've seen it work. Like, how the heck do you make something if you don't know how it works? Well, I never said that we don't know how it works. We very much know exactly how it works, uh, actually, and we can, we can see and certainly detect even with studies and experiments what it does to any physiological organism, which is what I just explained.

So we know full well what it does. It basically is literally these two things that you need to think about. And we're excluding frequencies right now, right?

Because if we add specific frequencies, we can promote additional changes or adjustments, right? Or balancing of something, but it's really two things.

And first of all, it goes to the physiological organism and strengthens it. It kickstarts. You know, self healing powers, you could say, you know, ATP production, et cetera. So it really works on your own organism, but then it also takes care of the environment around you where it takes care of these destructive waveform patterns on those two levels.

It works. And those are the two levels that are just so important to take care of. I always say, you know, we all have a biofield and we go brush our teeth in the morning and at night, hopefully. And then, you know, we take a shower every day. But we don't take care of our biofield. So but that is literally the basis of our existence, and shouldn't that be the first thing that we should take care of?

It's funny because it's entirely possible to feel your biofield and to know its state. And you can do that with advanced meditation training with some kinds of breath work. And if you have a practice over time, in my case, it's, it's primarily 40 years of Zen, and some psychedelic work, which is why I brought ketamine into 40 years of Zen.

But you actually walk around realizing you can feel the sense of interoception, you know, what's going on in my body. You can feel your guts, you can feel gurgles inside yourself and how your joints feel and you can feel your body moves in space and you can feel this other thing if you're trained to feel it and you can actually manipulate it in a way that can be measurable and can be felt by others.

It's part of just evolving your energetics and your awareness and that's real. It's as real as I've seen anything. So if you've learned to sense this, then of course it makes sense that you should, you know, brush your teeth and probably brush your energy fields or do the equivalent of that because it's a matter of, we'll call it hygiene.

But if you've never seen your teeth and you've never seen a toothbrush, you might not know that you have a piece of spinach stuck in them same way with your energy field. You might not know that you have one, and someone who's learned how to sense other people's might walk up to you as an energy healer and say, like, you got some work to do.

And you're going to say, come on, I can't feel this. You're nuts. And it's our instinctive response to say someone is nuts because their reality and mine don't,

don't align at the same place. And that's just a defense mechanism and say, Oh, interesting. So we see things differently and maybe you're wrong.

Maybe we just see things differently. I had an experience like this years ago, and I'm going to share this mostly for listeners. But years and years ago, I was going on a walk under a full moon, uh, in the grand Canyon. It was someone really close to me and she looked at me and she described. She's just under the phone when she said, Oh, I see your energy field and you have this weird thing stuck in it.

She described where it, where it was used very specific words about what it looked like. And I thought she said, Oh, I can't make a budge, but it's weird. There's something there. Okay. I don't see or feel any of this stuff at the time. I was still learning a lot of things. And Oh, a few years later, the shaman who I saw who led me on the cave fast that I wrote fastest way about sitting in her kitchen.

She looked at me. Yeah. Yeah. Tilted her head sideways and said, Oh, and she described exactly the same thing with the same words. I don't think that was placebo because frankly I'd kind of forgotten about the first thing. I'm like, what is going on here? Same words, I can't make a budge. And she said, but I know someone who can.

And she referred me to a really powerful shaman, and that's a whole long story. We're not going to get into you, but he had an explanation for what it was and why it was. But the fact that two different people who don't know each other and have never met several years apart, both saw the same thing in my energy field.

Hmm. That can't be, therefore it isn't. Or there's more going on than I maybe thought was true at the time. I've come to the conclusion that we actually live in a probably quantum fields and maybe information fields as the lowest level of reality that probably exists. So given that, anytime we can tap into working at a lower level, you have much more leverage at the higher levels.

It's kind of like fixing your mitochondria is a lot easier than trying to address Alzheimer's disease. Alzheimer's disease gets better when you fix mitochondria and so does everything else. So we just want to go deeper and deeper into reality and I think you've tapped into something here. And for those who just say you can't, you know, you can't know, well, maybe you can know.

It gets those two people dead.

So are you the guy who figured out? How to do this, you working with other people, kind of walk me through how quantum upgrade and the quantum, how do you know it works? So it's 100 percent indeed my vision that it was to figure out exactly what we wanted to do. And I couldn't have done it alone though.

So I assembled a team for that. Which was relatively easy for me to do because I had not knowing that I would build this at some point already made all the connections necessary for that in the two decades before that. among those people certainly are some scientists that help us to validate stuff and, and, and provide advice, but also people with X Men Type abilities and capabilities.

And with that, you know, I don't mean this guy that can spit fire or jump a hundred feet high or something like that. You don't know that guy. I actually don't. Yeah. So that's something you need to indeed watch a movie for, but it's, it's, it's the people that can, that have brain connections that others don't have.

And that can see frequencies and energies on such a granule level. That it's just the easiest thing for them to, to see any type of vibration or look at a body of someone and say what they just ate or where they have an issue in the neck or how they could fix certain things or even deeper stuff and, and see things in your energy field that these two people saw, you know, out of your story, for example, but in a, in a very granular fashion, which then.

Cuts down the time to release a new product, right? Because you can, you can be really, really fast in developing. You don't have many, many years of trial and error and all of that. You have actually an instant product. You can test it very quickly with these abilities because you can see before and after effects super quickly.

And then you can just say, okay, well then now let's just get this scientifically tested and validated. So you, you jumped ahead very, very quickly and. And so I must say, because you also asked me that, so is this alien technology or is this ancient technology? It is certainly ancient. At the same time, it's modern.

It's ancient in a way because the The quantum field has always been there. It's nothing that we invented. And, and also people hear me talk about source energy because there's literally that it's access to source energy, but we, we didn't create source energy, right? No one, none of us did. It's, it's, it's BS.

Of course, if anyone thinks, Oh, they, they did that. No, the breakthrough is really that we are able to. Access this quantum energy in a fashion, never done

before. We figured out a way on how to harness and concentrate it so that now in this reality, you can tap into that. That's basically the breakthrough.

And with that, there's so many cool things possible now and actually in the future. And, and so what, what these people saw in your energy field, for example, capabilities like that, we all have these capabilities. It's just, those are muscles. That we haven't used, we're not used to even think of ourselves as biofields.

We think of ourselves as solids, you know, we are this body, right? We're, that's all we can be. No one grow up with, but there's so much more to us. And I think we're really moving into a time and that's not some talk. This is really happening that in the next five, 10 years, we speak five years from now, we don't have to explain to anyone anymore.

You know that this is real or show them the studies. Maybe it's interesting to see the studies, but it'll be totally clear to everyone why this works and why there's actually no question that this does all these things. And we will be way more focused also to include bio energy hacking into biohacking.

And you're already doing that actually, which I think is so cool because you're, you're having this holistic perspective. I think most people out there are not there yet. They're getting there because they, they need to remember that we need to also take care of our biofield. And as they do that, they realize, wow, this is actually pretty cool, you know, because it completes my efforts of living longer, being healthier, being more active.

And yeah, we can get into that. Of course. And I have a personal story also to share at some point about that, because I like to walk the talk. And I, I think I've done that in the last several months, uh, in regards to that. I think I'd love to hear that story. And, and for, for listeners, there's a pendant, there's quantum blocks, and then there's a remote service.

That changed the energetics in your information field. Now, I know that it would be painfully easy for anyone on the planet to just fire up a website and say, I'm going to have remote blessings. com and it could be a total scammer. And I'm super aware of that. And there's so much of that going on. I've also seen people say that they have abilities when they don't and charge a lot of money for it.

And I've also seen people with profound abilities who are very humble and never charge them at all. And coveting those kinds of abilities generally keeps

you from getting them. They just happen as you work on your, on your consciousness, at least according to all the yogic writings. So bottom line is we're all a little bit different and some of us can do that sort of stuff.

But the people who are very knowledgeable have the ability to influence people remotely. So there's no reason that inappropriate type of quantum technology couldn't do that. So you've got studies that support it. And so I use both the quantum upgrade. I use it on my companies and on my home in person.

And then I travel around with a wheel of quantum block because I think the abundant evidence is just how I feel. I can see a difference. It doesn't mean anyone has to do that to be a good person or to biohack. There's just added tools. So tell me about your story. How did this affect you? So obviously I have so many personal stories that I could share, but I want to share the most recent story and that's in regards to tennis.

By the way, I want to break this here and you may have already talked about that, but whoever does racket sports lives longer. Everyone that has racket sports lives longer. I think with tennis, it's about eight years on average which is just absolutely phenomenal because it's such a cool sport. Now I love this sport.

I played it a lot until I was 18. I played tournaments. I wasn't awesome though. I was, I was really good. And one of my dreams was to be a tennis pro. Well, my parents didn't like it. Then I got injured when I was 18. Then I stopped playing for four months and it turned out to be. A break of 12 to 14 years where I did not play at all because I just didn't feel like it.

I got back into it in 2004 and in between stopped now. Then I said, well, maybe every five years I play the nationals just for fun. So I turned 50 this year. And in the end of last year, I said. This year, I'm going to play the nationals. And then I was like, okay, so if I play the nationals, maybe I have fun doing this to just see how good can I get in a relatively fast timeframe.

And my first tournament I played in March and now I've played several tournaments this year, and I'm already number three in the U S. In, uh, the age group 50 and above. Number three. Yep. Number three in the U S and I don't want to stop there, frankly. Now, I mean, in between I said, okay, if I can get top 10 this year, this would be amazing.

Right. And I certainly do all this biohacking stuff, but. Of course, I'm, and there are certain things, you know, that worked really well, of course, and, and you talk about these things all the time, but of course I do the quantum stuff and I do

it extensively and there would not be a single tennis match where I don't play with charged clothing, for example, or charged shoes.

You charge your racket. Yeah, the racket, the racket is charged. Do you charge your balls? I don't charge the balls. I've, I've actually never done that. Not those balls at least, but I do wear the quantum. I know where actually, so you technically, that maybe qualifies. And. And then I, I have, you know, we're talking about quantum tech, but still I have the quantum upgrade running on booster and Olympic performance, which is the special frequency for athletes during performance or practice.

And it, it gives me an additional edge, right? There's, there's literally no one that can wear me down if it gets into the third set and it's close. You know, usually they don't last, you know, and, and it's, so it's, it's very obvious to me and I play better than I've, I ever have literally, and I can, even, even in practice, everything, you know, you learn new things.

And of course I see certain shortfalls also, right. Shortcomings where I'm like, okay, I need to work on the back and I need to work on this, but the translation from, okay. I. I can't do this a hundred percent like I wanted to, but to learn to get there, the process is so quick. It's just so quick. It's, it's even surprising myself how quick it is.

And I can improve those things very fast. Well, I, you know, I have further goals for this year. So I keep playing and it's just something, you know, if you really want something, you dedicate some time to it and you have a goal and you do all the great things for your body Physically. But take care of your energy as well.

Amazing, amazing things are possible. And yeah, so that's what I wanted to share. I love it. So top ranked tennis player for your age bracket.

If you were practicing all the longevity stuff. It seems unfair, though. Shouldn't you have to be practicing at the age bracket for your biological age, not your chronological age? It seems like a little bit of cheating going on there, Philip. Yeah, well, maybe I should go for the 35s then. I dare you. But I first want to play the world championships in the 50s next year.

Okay, it's a deal. And after that, you're like, yeah, age is just a number. I'm going to beat the young ones. I think you've got it. More quantum energy. That's so cool. All right. So we've talked a little bit about quantum energy. I'm trying to figure out how to explain the perception of it or what it is. And you go to a

philosophy class at the high end PhD level or a PhD level physics class, they sound an awful lot together.

But I, I kind of imagined this just like kind of a quantum realm of fields and they're Fields in it that are alive and interact with each other. And there's actually math that explains how quantum fields interact now pretty accurately. But are you a quantum field? Am I in quantum fields? How does that work?

Yes, we are. And even our cells are, that's very interesting. So each cell has a quantum field. That's how the cells communicate at all times, constantly and instantly. And that's also, you know, people have asked us, so couldn't you make a block where I can just lay in the block? It's just like a. Med bed, basically, and say, yeah, we could do that, but you can just put your feet in the block and then it will support all of your cells, because if you have enough cells in this field, suddenly it all gets translated and transported to the other cells as well.

And so those are all small quantum fields, basically, and we make up a large quantum field. You know, that's pretty much how it works. I like that description. I truly believe that at the fundamental level my overall consciousness is one quantum field. And then every cell has its own field and every subcellular component like a mitochondria has its own field as well.

And there's a whole realm of subcellular psychobiology that's exploring this. So what we perceive is a lot of our consciousness is actually distributed consciousness. A lot of a bunch of little ones. And you can say, well, those are cells. You can say, well, those are quantum fields. And if cells that we perceive are built on top of quantum field, it's the same thing.

So there's a whole mechanism and a whole kind of universe available for playing around with biohacking and bioenergetics, which is where the conversation about Lela quantum to me is fascinating. And the fact that. The flowers don't age the way they're supposed to on it to me is one of those very easy to perceive things That's testable.

And no, I didn't double blind placebo control it So it could be that using the powers of my mind without note without believing it was going to be true That magically I made one set of flowers Last three times longer than the other set, but if I could do that out of my mind, all the skeptics like, well, that's not possible either.

Therefore, the flowers didn't last longer like, well, actually they did. So I need an explanation here. I think it was the quantum block. Cause I wasn't trying to make them and I didn't believe they would live longer. I didn't believe anything about them because I wasn't testing it. There you go. There's, there's a way of looking at reality.

That's just very, very different. So back to quantum energy, you've got Lela Quantum, which is the physical products, and you've got Quantum Upgrade, which is the subscription service that I use. How does the subscription service know where on the planet I am? And don't different places on the planet have different energies?

Like, how does that work? That's absolutely correct. So any location pretty much has a different energy signature and energy field, like every, every human being does it's we're, we're very different. Even though at core, we were connected to the same and part of the same, we still have all a different biofield.

So how does the field know that within a pure quantum field, or in this case, let's just call it a multidimensional quantum energy space. Distance and time don't matter. And what you need is a specific link to a location who could be an address, right, or to you that would need to be something like a picture.

It can also be a data set that is your name, your birth date, where you were born, maybe the country you live in. Those are the data points that we use to also make sure that a John Smith is very unique and not the, you have like 30 John Smith and then they all get the energy, for example, and with that direct link to you as the source, you can just be placed in the field.

That's the. Classic quantum entanglement, basically. And then the energy is not sent to you, like over, I don't know, like, like electricity would be sent into a home. It literally, because there's a entanglement function, you're in the field. You are in the field and it doesn't matter that if you travel to Australia or to Europe and then back to the U S you're just always in the field.

As long as you want to be, because you can manage it on your end, right? You could pause it at any time. You can increase it. That's, that's pretty much how it works. It's actually, it couldn't be any other way. It's just so new, you know, it's, it's like the internet in the early beginnings. No one got it. Like, why would we need it?

And how does it do that? And, and, and what is it even, right? And the very, probably, you know, when the first time I read about the internet, no clue what

that stuff is. And now it's, I mean, no one asks the question anymore, right? And, and, and this is the same thing. It's just new to us. That's why we don't, don't fully understand it at first.

I like that explanation, uh, as much as, as any of them you're going to hear, you know, it's very hard to put words, words to this. The teachers I've worked with and my own experience traveling around, I just got back from remote parts of Western Turkey, like the oldest ruins on the planet, Gobekli Tepe, which Graham Hancock talked about on the show years ago, about three times older than Stonehenge and possibly way older than that.

So I got to go in and see them with my own eyes. I brought my son. That was super cool, but it feels different. It feels different in New Mexico. It feels different in the Andes or Himalayas. And it's not just because it's high altitude. How important is geomagnetics and whatever the energetics of different places on earth, how important is that for the function of Lila quantum or quantum upgrade?

Uh huh. In an energy portal in Sedona, do I need more or less quantum upgrade? Like, what are the interactions? It's not important at all. Frankly, you know, one place could have amazing energy. One place could have bad energy. And you could argue that in a place where you have already an amazing high consciousness level and amazing energy, you wouldn't need such a additional support, right?

If you are in a, in an environment where it's very, very. Bad energy, you know, that's, I don't know, when, when you went to Gaza without going into any details of what's going on there, most likely you're going to find aside from everything that's going on in the outer world, that there's really bad negative energy, right?

And in such a situation, it would be extremely helpful if not only you were in the quantum upgrade or in energetically in a, in a good state, but that you would take care of the environment as well, right? Because. That is just always around you. And it certainly reflects to you while you're walking through such a space.

So in that case, it's even more important to lift it up, but you can lift up any space, no matter if it has good or, or bad energy. And that's one of the things that the blocks would do, or the quantum upgrade that it resets, it resets the energy level of what has been going on there. Okay. And then you can go from there depending on how you set it.

Now, obviously Gaza or some other place, we, we've been asked this before, right? Yeah. Couldn't you just, just put the whole world in this thing, right? Wouldn't this then be a better place? Well, maybe it would be a better place, but that's, that's crossing boundaries and that's going also into the realm of manipulate, manipulation.

Which we can't do. So it's, it's free will out there and people can choose to tap into this and use it and they can use it for their own location that they own or for their business that they own, but they cannot use it for a business they do not own. Like we allow no one to put Coca Cola in there. We would allow Coca Cola if there's the CEO of Coca Cola or the, I don't know the, the board, they make a decision and they put themselves in, certainly they can do that, but no one else is allowed to do that for them because we, we don't want to cross any boundaries.

There's a whole bunch of, of integrity rules that good energy workers follow, and it sounds like you're following the same ones as well. Yeah, and it's, it would probably be tempting to, you know, increase the energy of Monsanto or something, but let's not do that. I give you a good example because I used to work for T Mobile, right?

You know, I ran 14 countries in Europe. I worked at T Mobile US and we have quite some capabilities to very, very quickly. Help a company like that or a company like Tesla to get rid of the EMF issues that they have very, very quickly in a very easy and very, very cost effective way. Right. But it's, it's not upon us to just do that.

They would have to make that decision. And we have no Russian regards to that because that time will come. I'm very, very certain that time will come. That at some point there'll be like, okay, there's enough evidence out there. The reason why they're not talking about EMFs in that industry. And the reason is because they fear lawsuits of what's going on.

Of everything that has happened in the past, but the time will come where they will say, okay, there's enough evidence. Now the evidence wasn't there. So we're not responsible for what happened in the past, but now we acknowledge there's a problem. So now we also want to address it when that moment comes, we're ready to go.

I like it. Bottom line is you don't have the right to heal someone who doesn't want to be healed. And that's just how the world works. At least if you're a healer. So I'm, I'm with you there. Let's talk about some of the evidence behind

what you've made with with LelaQuantum. We know that when people are exposed to EMFs from mobile devices, their blood gets less fluid.

So you get stickiness of blood and you can see it on a microscope, like this is a known effect. And it's probably not caused by heating, it's caused by something else, the frequencies in the phone. What have you seen when people are exposed to LelaQuantum, like how do you have to be exposed to it? How long do you have to be exposed to it and what changes do you see in blood flow?

So if we talk about the physical products, the, the Lila blocks, for example, then there have been multiple tests in regards to them to either put your hands in there. Those were all first tests always, you know, you put your hands in there and that's frankly where you get the strongest exposure and you see the fastest results basically, and they're also most significant.

Then we also did all those studies with just the block being in the room or being in the room next to it. So basically further away. And those were done initially not placebo controlled, but then we moved into completely placebo controlled studies randomized and blinded to make sure that all of those placebo effects are completely ruled out.

And so you see those effects, whether the block is. In the room right next to you, or if you put your hands in there, it's just the, the acceleration of the optimization of the blood, for example, is faster when you put your hands inside, that's just basically the only difference and you get maybe a little bit greater effect through that, but the fact is, is there regardless, and it has been shown that it neutralizes it.

Any and all visible negative effects of EMF in the blood very clearly in regards to red blood cells, whereas actually after already 10 minutes, the state of the blood was already better than the first test, which happened in a Wi Fi free environment. And the third test was with wifi still on, right? And so, so that's how significant the changes were.

The second, the changes were not marginal where you see a 0.01 percent change in something. And then you need 2 million test persons in order to then be able to say we had a 0.1 percent change, right? No, the, the changes are so crazy significant that you actually need not so many test persons in order to say this is statistically significant, right?

That's how statistics work. And it's, it's fascinating because it activates your, your white blood cells. It neutralizes and reverses stage one and stage two of

blood clotting, which is significant in, in, in today's world, frankly, it even decreases parasitic load in the blood that, I mean, the, the most significant change we saw was blood clotting.

80 percent reduction in parasitic load in the blood after I think in that case, that was 15 minutes. Now that's not an average and we're still working on getting an average, but that's what the possibility is. Even that's the base best case scenario. It shows you what's possible. And then of course we, we, we.

We've seen ATP production increase 20 to 29 percent in ATP production. We've seen the wound healing, right? Five studies were done and that this was not some random guy on the street that did these studies. That's Dr. Robert Schieff was an expert in this field. That's all he does in his lab, right? Is testing these things, looking at human cell cultures, human dermal fibroblasts ATP production, wound healing of these things.

And he did five of these wound healing studies. And in all of them, he showed it was a 50 to a hundred percent acceleration in wound healing or. You know, healing is the word we are not supposed to use. So call it cell recovery, right? And isn't that fascinating just by the exposure and it was randomized and double blind and I mean, this guy didn't believe our technology could work, right?

Because he comes from the mainstream and he has this skepticism, but I found actually in, in, in those, and that's not the first time we've worked with the scientist that is totally skeptical and says, well, yeah, I can do all these studies, but I don't think you're going to see any positive results because I just can't imagine how that would work.

Those are the best people to work with because. They actually kind of don't want it to work right. And if they then see it works, there's a complete shift. He's, he's now telling his students about this, right? So it's, it's a regular thing that he talks about and says, guys, I mean, I, I just learned this myself.

There are things possible that I, I did not know a month ago. And, and so it's, it's quite significant because we also didn't look at like one cell against another cell. It was always millions of cells in the control group and millions of cells in the, in the treated group. And again, it was done five times.

Each of the studies was statistically significant. So that's, that's remarkable. Now we're going further. I began, we've. So what we try to do is not to just to go in one field, we could have just stayed with the blood and just keep

analyzing the blood, but there's more to see, right? We've seen autistic score reduction by 20 basis points in autistic kids.

There was a clinical trial with infinity blocks and with these capsules. That ran over six months with 42 autistic kids run by a clinic in India that is specialized on autistic kids. And there were a couple of kids off the spectrum after these six months. And on average, it was a 20 basis points reduction, which that is huge.

It's absolutely huge. Language and speaking skills, improved attention span, focus, all of those things improved. It was also interesting, even emotions. You know, we saw in the first two weeks now. That is less tangible, but, but parents reported that was kind of like a side story. Aside from the autistic score, they, they surveyed the parents, the first two, three weeks, the emotions went up significantly in these kids.

And we could already tell, well, stuff comes up, right? Stuff comes up and then it all balanced out and they. All got so much better and they got pulled into the here and now. So that's a completely different test than blood ATP and, and, and cell wound healing. Right. And it works on a different level. Now we've, we've moved into, we did, we did HIV testing.

Of course, you know, that was like one of the early things we did. Now we moved into brainwave analysis as well. And there's some exciting studies happening right now. The first results. We're just texted to me a couple of weeks ago, and they showed they looked at the travel blog before and after with state of the art brainwave technology, and it was an increase in setup production and significant optimization and brain coherence just by five minutes of In this case, holding your hand in the travel block.

Wow. It's quite remarkable. It is remarkable. Let me dig deep on that for people who are listening. When we're looking at advanced meditators, and this is stuff I've been doing for 11 years at 40 Years of Zen, and for 10 years of just doing home neurofeedback and having my own system before that. You want different brain states, and like Theta is kind of the dreaming, collective consciousness, unconscious creativity state.

And you want high power, which is like the size of a wave. And then you want the waves to happen all at the same time across the brain. So advanced meditators with 20 more years of practice, if they've been practicing within a certain type of brainwave, they can usually have all the brainwaves turn on at all the places in the brain at the same time, and you get really powerful results.

But when you have an external technology that makes it easier to do that, and coherence is one way of measuring that it's mathematically less complex than the one. That we use today at 40 years in, but it's a, a good, well understood metric for is your brain like the left and right doing the same thing.

So if five minutes of putting your, your hand in a Lila quantum block changes. The alignment of the waves in your brain so that they all line up and they all line up in the creativity intuition domain. That's kind of interesting. In fact, I know that it works because what do you think we have at 40 years of Zen?

We have Lila quantum blocks there, our water and our food gets charged with it. And when everyone graduates from 40 years of Zen after five days, they receive a Lila quantum card imprinted with gratitude because gratitude is a major part of the reset process. I would not spend money on this stuff if. I didn't see results from it.

So I'm, I'm with you on that. And this is an intriguing study. So guys, you could take all of the evidence, all the discussion, and just say, I don't believe it. Therefore, you guys are idiots. At which point I say, yes, we're idiots. We're just idiots who are succeeding. So more power to you. But I, I, I've seen amazing results and I do find that there are other things happening.

And I ever told you this one. When I first started getting to understand what you were doing, you sent me five or six of the Leela Quantum cards imprinted with it. And I picked one up, I think it was like DNA protection or something. And I usually wear cargo pants, at least I did when I was on the farm.

So I put it in my left cargo pants pocket and kind of forgot about it. Sat there for six weeks. And one of my shamanic friends who sees everything, I don't even know how she functions in the real world because like, I think she must see the world as like a cartoon or something. She, she's sitting there and talking to me, she goes, what is up with the left side of your energy field?

For the last six weeks, it's like something's been smooshing it. And I'm like, I don't know. What are you talking about? I'd forgotten. I had the Lila quantum card in my pocket. She goes, no, there's, there's something going on. And so I thought about it. I reached for my pocket. Oh, I didn't take it. I put it on the counter.

She goes there. It changed. And she says, it's back. She said, you probably don't need that frequency set like that, that like your field was doing just fine without it. But the fact that she was perceiving this, what the heck, I don't think you can

make this stuff up. Like you are impacting energy fields in humans using the encoding technology out there.

It's cool stuff. The world would be much simpler and easier to navigate if none of this stuff worked at all, to be perfectly honest. I would love to believe that my good old fashioned, you know, 20 year old computer science model of reality, if only it was a good, highly functional model that explained everything, God, it'd be so easy.

Uh, it just doesn't work, so you got to go to the level of complexity that's reality based, and I'm very intrigued by what you're doing here, and I wanted to share it regarding the cards real quick, because you mentioned that, and so that's, it's pretty cool that she saw that, and you know, that's very normal if you can perceive energy, well, you see these things, and that's one of those things, of course, you know, we don't We don't run around and just eat vitamin C all the time, right?

The same thing with frequencies. There are certain frequencies that we need or want during a specific time. And then there's other times where we don't need a specific frequency, but we actually need another frequency, right? So if I. I don't know if after I played a tournament, I'm, I'm really going into our new frequency that we just released heal 360, for example, right?

Because I know that helps me the most with recovery. It stimulates the, the healing process on all levels, whether that's energetic, emotional, and physical. Right. Then if I go into a match again, I would not do that because I don't want my body to be in healing mode. When I'm playing a match, I want to be in activity and action mode, right?

I turn it to Olympic performance. Then if I, I don't know if I feel, well, maybe I'm, I have a bad day, I'm frustrated, or I get angry because of something I'm like, okay, well, maybe I should really get into gratitude, right? So then as we become more self aware, we figure out, okay, so what is it that we need today, and then we, we can start creating these states for ourselves with gratitude that's We can do a lot of that, right?

We can just think of things that we're grateful for, and then it helps us to get into that state with other things like prosperity or abundance or healing. Even we have a harder time because we're not so trained and there's so much else going on, but we can leverage these frequencies, but it's our job to feel what we need, and so that's also one of the differences where people often ask, okay, so how do I know which frequency, how, which frequency should I use when?

Right. So, but the, the thing is with, with something like that, it's not like a TV manual where you say, well, you always just press this button and then you always press that button. No, you, you need to feel, feel what is good for you. And if you can't feel it, then just do something. And the Feeling it. And then at some point, if it's not the right one, you probably feel, well, nah, I'd rather turn to this one now, right?

And that's how you, you train this and not you, of course, because you're, you're doing that, but it opens up a whole new world because with that stuff, you can actually train yourself to perceive your own inner processes much, much better. And then we get into intuition, right? Intuition is on so many levels.

Absolutely underestimated. I've done a few episodes talking about new training intuition. And I think Joy Martina was on a while ago was highly intuitive and, and teaches people how to do that. And over the years, I've learned to both identify and trust my intuition. And usually people are at level three at 40 years as in, we really get into the intuitive realms of brainwaves and there is a way to teach intuition.

And it, it comes down to learning how to see it and identify the difference between intuition and emotion. And it's, it's a subtle nuance thing. And then sometimes you just know. And it's amazing how many inventions are made through intuition, not through just hard, repetitive science. I know Vishen Lakhiani from Mindvalley, he and I and Naveen Jain run a very focused mastermind for entrepreneurs called the Apollo Group.

It's a small group with just intense amounts of coaching. And he has an intuition course that he's put out there and that our members have access to. And it's, it's pretty incredible. There are people who can teach it. And when you turn it on, you can use it for your supplements. I do that too.

In the morning I reach for a bottle and my body's like, I don't want that. I'm like, okay, fine. Intuition says don't take it today. And that's totally valid. I didn't feel like it. It, it's a thing, except it's different than I didn't feel like it. The feeling was an emotion. My intuition told me that it wasn't in my highest interest is different than not feeling like it.

But our language doesn't even talk about that. So you're right. You have a deck of Lila quantum cards and say, you know, today I don't need that one. And if you say, what's easiest for all of us is I'm just going to do the same thing every day because it's easier producing, you'll be doing CrossFit and getting injured,

or you'll do the same thing every day and you'll get less and less results because the body doesn't like the same thing every day.

It's, it's a fascinating world. And I. I'm continuing to be impressed. Your talk at the, at the biohacking conference was, was very, very well received you didn't upgrade you there. And so many biohackers know about Lila quantum and you'll see them wearing the Lila quantum pendant or using the same tech that I do.

And guys, if you'd like to check out a Lila quantum or the quantum upgrade, There's a 15 day free trial for the quantum upgrades. You can just give it a try. And what I would do is, is turn it on and then ask someone who knows you well, who's energetically sensitive after your day, say, do you see anything different?

And see what they say. And you don't always have to trust your own judgment because you can't be blinded if you're the guy who turns it on and that could be interesting, but go to Lila q. com slash Dave. L E E L A Q dot com slash Dave and you'll get 10 percent off and go to quantumupgrade. io slash Dave and you'll get a free trial and all that stuff and bottom line is you don't have to do any of this stuff you don't have to eat grass fed butter you can eat canola oil and you can Swim in EMFs and artificial light and you still are a good person.

You just might be a more tired, less performant, more easily triggered good person. So if you want to control your biology, this is an interesting and intriguing and broad spectrum technology that has some good research behind it, even though it's surprising. So I think it's worthy of your time and attention.

And Philip, thanks for going out there and making something unusual, uh, that works in really cool ways. Thank you so much for having me on and thanks so much that you even started to try our products and then started to be surprised yourself. If you liked today's episode, you know what to do. Go into the quantum realm and upgrade reality.

Okay. Well, if you can do that, thanks. If not, do something today like you do every day to make the world a better place or to make yourself live longer or just have more energy. Because I've never been more convinced than I am now that people who have enough energy at every level, your mitochondria at the quantum level, all of it, the cleaner your energy, the cleaner your field, the more you're wired to automatically be kind to yourself and others.

The world could use a lot more of that and yeah, you'll live a lot longer. Join me on that, but all the things that make you live longer, ultimately, they're going to make you kinder person who's more in integrity all of the time. And well, we need that because good God, look at the political landscape.

Now's the time for real people to do real things. And that's probably not where they're going to do it. See you next time on the human upgrade podcast.